

# LIFE IN BALANCE RETREAT



## Hot Fusion Yoga with Paige Held

October 23 - 30, 2010, Puerto Vallarta, Mexico



**Paige Held**

Acclaimed Master Instructor  
*Experienced, Respected, In Demand*

[TheYogaJoint.com](http://TheYogaJoint.com)

**AMAZING PRICE FOR  
DELUXE OCEAN VIEW  
LUXURY IN PARADISE**

**\$1,749** Earlybird Discount  
thru **August 15<sup>th</sup>**  
**\$1,899** per person, double occupancy

Hot Yoga in a natural oceanside paradise  
for women and men of all ages  
and all skill levels Beginner to Advanced

[HaramaraRetreat.com](http://HaramaraRetreat.com)



Contact: Steve Hooks 954-257-4711  
[SteveHooks@JourneyDifferent.com](mailto:SteveHooks@JourneyDifferent.com)

**JourneyDifferent.com**  
*Travel for the Soul, the Heart, the Mind*

# IMAGINE THE SETTING



All cabanas offer **sweeping views of the Pacific Ocean** and mountains, plus linens, **private open air bathrooms**, **spacious sitting veranda**, two double beds or one queen bed, and **PRIVACY!**

Built up the hillside into the jungle, **some are only a few yards from the beach!** The resort features “native luxury” throughout. The electricity-free cabanas are beautifully romantic!

Visitors call our retreat **“A Sanctuary for the Soul.”** Clean empty beaches, elegant eco-style Private Cabanas and the gentle breezes off the Pacific waves are just a few of the joys setting this exclusive oceanside yoga and meditation resort in a class by itself

- 7 glorious days & 6 tranquil nights in this all-natural oceanside paradise.
- Yoga classes and workshops twice daily with expert attention and guidance.
- 3 gourmet meals daily with attentive table service by well trained and friendly wait staff.
- \$500 deposit secures your space at this eco-elegant resort during our retreat.
- Cost: just \$1,749 per person, double occupancy, land package. **\$1,899 after August 15<sup>th</sup>**
- All rates based on two persons per room and a group size of at least 15 guests.
- Single rooms are available at a cost of \$2,595.



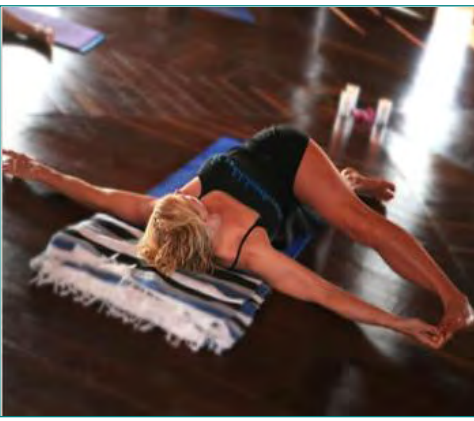
**Sayulita**, the small and close-by fishing village, is just a 25-minute walk away (\$3 by cab!)

Its beach was recently voted

**“One of Mexico's Best” by Outside Magazine.**



**You will need a valid U.S. Passport Book to travel to Mexico**



## **Six days and seven nights in paradise without a care in the world!**

Untether the body, replenish the heart and spirit. Hot Yoga classes will be offered twice daily with morning routines and afternoon focus workshops. Mid-days are open to indulge in spa treatments or massage at the resort or take advantage of local activities and sights.

Haramara's gourmet chef prepares three delicious meals daily with masterful artistic presentations. The spacious open-air palapa-roofed restaurant overlooks the jungle and ocean. It features world-class

table service by a wait staff that is friendly, well trained and attentive to your every need. The well balanced meals are vegetarian in preparation and focused on good nutrition for healthy mind and body. Ingredients are fresh, natural and local. Special requests and seafood specialties can be included and special dietary needs are gladly accommodated.



### **ACTIVITIES**

The Haramara spa offers, manicures, pedicures, facials, body scrubs and various relaxation, restorative and therapeutic treatments.

Their massage staff may be scheduled for expert and certified techniques including Deep Tissue, Relaxation, Nurturing and Balancing Sessions, Zen Tai Shiatsu, Thai Massage, Structural Orthopedic and Cranial Sacral Manipulation, AcroYoga and others.

The spacious terrace offers a quiet place to sit and read, to sip a beer, a glass of wine or a margarita, or to connect and converse with new and old friends, while our private beach offers sun, sand, and solitude. Our boutique offers shopping for unique jewelry, gifts, and clothing.



### **EXCURSIONS:**

The friendly and helpful staff is happy to make arrangements for a host of local activities: Fishing, Horseback riding, Zip line canopy tour, Snorkeling, Surfing, Whale-watching or Sunset sailing, a Catamaran tour of the Marietta Islands, visits to sacred pools with petroglyphs (where ceremonies are still performed) and even a visit to a Crocodile refuge. Shopping and night life are close by in Puerto Vallarta and Sayulita beach. For advance reservations or more information, contact [SteveHooks@JourneyDifferent.com](mailto:SteveHooks@JourneyDifferent.com) or 954-257-4711.



### **INCLUSIONS:**

All this in a tropical sanctuary paradise with ocean-view luxury for a cost of only \$1,749 per person land package. **\$1,899 after August 16<sup>th</sup>**. An initial \$500 deposit secures your cabana and full payment is due by October 1<sup>st</sup>. **Please add 3% for Credit Card payments.**

Included for 6 nights and 7 days is double occupancy lodging and all meals at the Haramara Resort with transport to/from the Puerto Vallarta airport.



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### **COST**

Cost is \$1,749 per person, double occupancy (two persons per cabana.) **\$1899 after August 15<sup>th</sup>**. Single rooms may be available upon request. Cost: \$2,595. A deposit of \$500 is required to reserve your space with full payment by October 1<sup>st</sup>. **Please add 3% for Credit Card payments.**

### **QUOTED COST INCLUDES**

Roundtrip transfers between Puerto Vallarta Airport and our retreat resort, all Page Held yoga classes, accommodations for 7 days/6 nights and three meals daily. Cabana space at the resort is limited, it is not always possible to accommodate requests for single rooms. We are happy to arrange a roommate for you. **NOT INCLUDED:** Flights between home and Puerto Vallarta, massages and spa treatments, tips for resort staff, off-site excursions, items of a personal nature, alcoholic beverages.

### **RESERVATIONS**

A deposit of \$500 per person is required for reservation. Payment should be made to: Journey Different, Inc. 2713 NE 15th St, Suite-6, Fort Lauderdale, FL 33304. Payment in full is due October 1, 2010.

For assistance or questions, contact SteveHooksa@JourneyDifferent.com or 954-257-4711. Registrations are accepted based on current availability.

### **FINAL PAYMENT**

Once your deposit is received, a confirmation letter will be mailed to you. An invoice specifying your final payment will be included. Full amount is due by October 1, 2010. If final payment is not received by this date, Journey Different, Inc. reserves the right to cancel your reservation and invoke cancellation fees.

### **CANCELLATIONS and REFUNDS**

Should you need to cancel your trip, we will refund your full payment less a \$100 fee and booking guarantees to date. After October 15<sup>th</sup> refunds are not possible.

### **CANCELLATION INSURANCE**

We will include information about a Travel Protection Plan with your confirmation. A Travel Protection Plan (Cancellation Insurance) is strongly recommended for each traveler.

### **MINIMUM NUMBER of PARTICIPANTS**

At least 15 people must participate in this retreat in order for it to operate. Journey Different, Inc. reserves the right to cancel this program if the minimum number of participants has not been reached. If Journey Different, Inc. must cancel, you will be refunded in full and no administrative fee will be charged to you.

### **CHANGES**

If you need to change your travel plans, let us know as soon as possible. A service fee of \$75 per person will be charged for any change made 60 days or less prior to the departure.

### **PASSPORTS**

U.S. Citizens traveling to Mexico must possess a valid U.S. passport. Most foreign countries demand that the passport be valid for at least 6 months after the tour has been completed.

### **FLIGHTS**

Several major US airlines fly non-stop from Miami into Puerto Vallarta. Both Mexican airlines that operate flights between Miami and Puerto Vallarta offer highly discounted fares if you are willing to make a connection via their hub in Mexico City. **Please book your flights to arrive Puerto Vallarta by 3:00 PM on Saturday, October 23<sup>rd</sup> 2010. Your return flights on Saturday, October 30<sup>th</sup> should be scheduled for departure after 1:00 PM.**

### **TRANSFERS**

We will arrange group transfers from the airport in Puerto Vallarta to the retreat resort on Saturday, October 23<sup>rd</sup> and back to the airport on Saturday, October 30<sup>th</sup>. If you plan to travel to Puerto Vallarta before October 23<sup>rd</sup> please contact us to make arrangements for transportation to the resort.

### **ACTIVITIES and EXCURSIONS**

Spa treatments, Massage services, Horseback riding, Zip Line Canopy Tour, and a Sunset or Snorkel Catamaran tour are just a few of the wonderful excursions available at additional cost. For more information contact SteveHooks@JourneyDifferent.com 954-257-4711.

### **DISCLAIMER**

Journey Different, Inc. (hereinafter "Tour Operator") and/or its representatives shall act only as independent contractors for various and independent suppliers of services in connection with its tours in making arrangements for accommodation, transport, meals, or any other service, and does not assume any liability whatsoever for any injury, inconvenience, expense, damage or loss of property, death, cancellation, change in itinerary, accident, irregularity or delay due to an act of negligence of, or default of, any hotel, carrier, restaurant, company or person rendering any of the services included in the tour, or by an act of God. Further, the Tour Operator is not responsible for any damage or delay due to sickness, pilferage, labor disputes, machinery breakdown, quarantine, government restraints, weather or any other causes. No responsibility shall be incurred for any additional expense, omissions, delays, re-routing or other acts of any government or other authority. The airline, steamship and railroad companies concerned are not responsible for any act, omission, or event, during the time passengers are not on board their planes or conveyances. The passenger contract issued by the airlines, steamship and railroad companies, when issued, shall constitute the sole contract between such companies, and the purchaser of these tours and/or passengers. All baggage is at the owner's risk throughout the tours, and the Tour Operator is not responsible for loss, theft or damage to baggage. The right is reserved to withdraw any tour listed herein, and/or to make such changes in the tour as may be found desirable for the convenience, comfort and/or welfare of the parties and the proper carrying out of the tour, without any penalty to the Tour Operator. Additional expenses, if any, will be borne by the passenger. In certain circumstances, it may be necessary to revise the routing of the itinerary. If due to such circumstances a change becomes necessary in the sole opinion of the Tour Operator, hotels substituted shall be of the same quality as those listed in the itinerary. The Tour Operator assumes no financial liability for any resulting losses, expenses, or inconvenience. No refunds will be made for portions of transport, tours, rooms, or meals, and no credit can be allowed for unused accommodation. The full tour cost will be refunded, however, if the entire tour is cancelled by the Tour Operator prior to the published departure date. Unless otherwise noted, all prices are per person, based on two persons sharing a cabin or hotel room. Prices are based on rates in effect (including foreign exchange rates) at the time of printing and are thus subject to increase or decrease without notice. The Tour Operator is not responsible for any typographical errors and/or other inadvertent written errors.



**Journey Different, Inc.**  
 2713 NE 15<sup>th</sup> St, Suite-6  
 Ft. Lauderdale FL 33304

Tel: **954-257-4711**

Fax: **954-568-5074**

**SteveHooks@JourneyDifferent.com**

**REGISTRATION FORM: "Life in Balance" Yoga Retreat,  
 Puerto Vallarta, Mexico, October 23-30, 2010**

Please complete this form for your reservation  
 (carefully to be legible) and return with \$500 deposit.

Title \_\_\_\_\_ Full Name (as appears on your passport) \_\_\_\_\_

Title \_\_\_\_\_ Full Name (as appears on your passport) \_\_\_\_\_

Passport number \_\_\_\_\_ Date of birth \_\_\_\_\_

Passport number \_\_\_\_\_ Date of birth \_\_\_\_\_

Street address \_\_\_\_\_ Apt \_\_\_\_\_

Street address \_\_\_\_\_ Apt \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ 2<sup>nd</sup> Phone \_\_\_\_\_

Phone \_\_\_\_\_ 2<sup>nd</sup> Phone \_\_\_\_\_

Email \_\_\_\_\_

Email \_\_\_\_\_

- We prefer a :  Room with two beds  Room with one large bed
- I prefer a :  Single Room  To share a room with this person \_\_\_\_\_
- Wish to share with another person (if it can be arranged)

**Tour cost:**

**\$1,749** DISCOUNT thorough Aug-15  
 \$1,899 after Aug-15 X \_\_\_\_\_ \$  
 (per person) # of persons

**Single Supplement**

**\$846** X \_\_\_\_\_ \$  
 (per person) # of persons

\_\_\_\_\_ \$  
**TOTAL**

**Method of Payment**

- Check  Cash  Visa  Master Card  Amex

Please note: For payments made by credit card,  
 a 3% transaction fee will be added.

Name of Card Holder: \_\_\_\_\_

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_/\_\_\_\_(mm/yy) Validation Code: \_\_\_\_\_

Address (if different from address listed above)

Street \_\_\_\_\_

City \_\_\_\_\_, State \_\_\_\_\_, Zipcode \_\_\_\_\_

**Special Requests:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

- I/we have read and accept the Terms & Conditions.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Important:** Deposits will be deducted on your invoice prior to final payment.